

# For The Love Of Life

## Course Investment

### Prices

Please note: prices given in UK Sterling and US Dollars

Personal Training	Your Home		My Home or Venue	
	£	\$	£	\$
<i>Individual Training</i>				
consultation	FREE	FREE	FREE	FREE
per session (1 hour)	55	65	50	55
block of 10 sessions	500	580	450	480
<i>Two people training together</i>				
per session (1 hour)	70	90	65	80
block of 10 sessions	650	840	600	740
<i>Group training</i>	<i>price on request</i>			

Wellness Treatments & Courses	Your Home		My Home or Venue	
	£	\$	£	\$
Nutrition Advice	45	60	40	50
Body Massage	45	60	40	50
Sports Massage	45	60	40	50
Aromatherapy Massage	50	65	45	55
Reflexology	50	65	45	55
Indian Head Massage	25	30	20	25
Residential Holistic Weekends (3 days)	<i>n/a</i>	<i>n/a</i>	360	<i>n/a</i>

Emotional Healing/Life Coaching	Your Home		My Home or Venue	
	£	\$	£	\$
Breath4Life therapy - one-to-one (2 hours)	75	120	70	100
Breath4Life therapy - group workshop	n/a	n/a	35	40

For The Love Of Singing	Your Home		My Home or Venue	
	£	\$	£	\$
Singing Workshops (2 hours)	n/a	n/a	30	40
Singing Courses (all 6 week courses)	n/a	n/a	165	350
2 levels booked together (12 weeks)	n/a	n/a	300	550
Singing Weekends (3 days) <i>(fully inclusive of course, some meals, accommodation etc)</i>	<i>price on request</i>			

Magnetising Love	Your Home		My Home or Venue	
	£	\$	£	\$
Magnetising Love 9-week Group Course	n/a	n/a	360	495
Magnetising Love 8-week Private Coaching	n/a	n/a	379	599
<i>or 3 monthly instalments of...</i>	n/a	n/a	199	299
Magnetising Love Private Coaching (per hour)	n/a	n/a	60	100
Magnetising Love 7-week Teleclass	n/a	n/a	450	295
Magnetising Love 3-hour workshop	n/a	n/a	25	35

## Lifestyle Packages

Lifestyle programmes and packages can be put together to accommodate your individual needs.

There are many combinations available; for example:

- nutritional consultation + personal training session + body massage  
or...
- For the Love of Singing workshop + Breath4Life™ course

A price reduction is given when packages are booked rather than booking individual services. Please contact us for your specific requirements.

## Gift vouchers

Why not surprise someone with a special and unique gift!

Gift Vouchers are available for:

- Personal Training
- Body Massage
- Aromatherapy Massage
- Indian Head Massage
- Sports Massage
- Singing Workshops

Please contact us for more details.